



Columbiana County Mental Health and Recovery Services Board FY 2015 Annual Report

The mission of the MHRS Board is to effectively administer public funds to achieve the highest quality prevention and treatment services, to promote healthy behavior, to support rehabilitation, and to advocate for recovery from mental illnesses and alcohol and other drug addictions.

The MHRS Board fulfills its mission primarily through purchasing services and supports from its contract providers. The number of people served by the Board's in-network providers, along with a sampling of provider accomplishments, are included in this report. Accomplishments related to Board led activities include the following:

Hosted training on Drug Abuse, Treatment, and Recovery for 160 community leaders and community members with an interest in preventing addictions and in improving treatment and recovery services to persons with addictions.

Continued financial support of the Alcohol and Drug Abuse Prevention Team (ADAPT) Coalition. The Search Institute Survey of Student Life reflects an 8 % reduction in alcohol use among 10th graders between 2011—2015.

Enabled the Local Outreach to Survivors of Suicide (LOSS) Team to provide training to 40 first responders, and to provide support to 30 family members/loved ones of people who completed suicide.

Continued stigma reduction efforts through "Change Your Mind About Mental Illness" presentations in high schools. Drug and Alcohol stigma education was provided in libraries, churches, community centers, and at the Columbiana County Fair.

Enabled 73 people to be trained in Mental Health First Aid; trainees included criminal justice professionals, school personnel, staff of healthcare, social services and government agencies, and friends and loved ones of persons with mental illnesses.



Follow us on our Facebook Fan Page: [Columbiana County MHRS Board](#)



FY 2015 REPORT OF REVENUE, EXPENSES AND CLIENTS SERVED

<u>REVENUE:</u>	
Ohio MHAS Mental Health	\$1,083,739
Mental Health Title XX	82,347
Ohio MHAS Alcohol/Drug	506,729
Local Levy	2,238,438
Family and Children First Council	5,951
Ohio Suicide Prev. Foundation	2,000
Miscellaneous	1,891
<u>TOTAL:</u>	\$ 3,921,095
<u>EXPENSES:</u>	
Services and Programs	\$ 3,068,416
Capital Expense	21,451
Board Operating Expenses	446,801
<u>TOTAL EXPENSES:</u>	\$ 3,536,668
Carry Over of State Funds	126,412
Fiscal Year 2015 Surplus:	\$ 258,016

<u>CLIENTS SERVED IN FY 2015</u>	
<u>Counseling Center</u>	
Treatment:	
Drug and Alcohol	570
Mental Health	4,372
Education:	567
Prevention:	600
<u>Family Recovery Center</u>	
Treatment:	
Drug and Alcohol	1,068
Mental Health	218
Prevention/Education	16,307
Steering Clear	183
<u>Help Hotline</u>	
Calls	8,494
Guardianship	26
<u>Neil Kennedy Recovery Clinic (Detox)</u>	24
<u>Shining Reflections</u>	
Vocational Preparation and Peer Led Recovery	61

Service Provider Highlights for FY 2015

COUNSELING CENTER

- Initiated a multi-disciplinary team, including community partners, to develop a comprehensive program to better meet the needs of youth who are diagnosed with autism, as well as the needs of their families.
- Expanded recovery coaching services to adults recovering with addictions.
- Groundbreaking took place for Hornsby House, an eight unit apartment complex in Lisbon. Adults with serious mental illnesses, who may also have addictions, will live at Hornsby House which will be staffed around the clock to ensure safety and promote residents' recovery.
- Secured a \$181,005 grant through the Capital Funding to End Homelessness Initiative to make needed repairs and upgrades to the Kendall Home, a dedicated shelter for people with serious mental illnesses.
- Expanded psychiatric services for adults to the Center's Salem office, and expanded youth psychiatric services through the addition of two psychiatric nurse practitioners.

FAMILY RECOVERY CENTER

- Opened Renaissance House, a sober living facility for 5 men located in Salem.
- Expanded recovery coaching services to adults recovering with addictions.
- Conducted leadership training for 60 members of the Youth Coalition. These youth leaders, from all high schools in Columbiana County, conduct campaigns in their schools to encourage their peers to make healthy decisions.
- Staff and members of the Youth Coalition participated in the state sponsored "We Are The Majority Rally" in Columbus, which publicizes the fact that youth who abstain from drugs and alcohol ARE the majority.
- Awarded a Child Injury Action Grant from the Ohio Department of Health to encourage safe driving habits among teens.

HELP HOTLINE

- Provided leadership to the Local Outreach to Survivors of Suicide (LOSS) Team, which offers support to families whose loved ones completed suicide. 14 families were served.
- Fielded 110 calls on the Warmline, a telephone support program that is operated by people in recovery from mental illness.

NATIONAL ALLIANCE ON MENTAL ILLNESS

- Sponsored NAMI Connection, a peer to peer support group which meets weekly in Lisbon and East Liverpool.
- Conducted two Family to Family classes for caregivers and loved ones of persons with mental illnesses.
- Hosted three Family Support Group meetings per month, which were held in Lisbon and New Waterford.

NEIL KENNEDY RECOVERY CLINIC

- Expanded short term recovery housing for adults with addictions, which enabled the agency to serve more people in a timely way who need detoxification from drugs.

SHINING REFLECTIONS

- Obtained re-accreditation from the Commission on the Accreditation of Rehabilitation Facilities for the fifth consecutive time.
- Hosted Double Trouble support group meetings for people recovering with mental illnesses who are also struggling with addictions. This is a collaboration with the Counseling Center.
- Obtained grant funding from the Margaret Clark Morgan Foundation for arts programming