



Columbiana County Mental Health and Recovery Services Board FY 2016 Annual Report

The mission of the MHRS Board is to effectively administer public funds to achieve the highest quality prevention and treatment services, to promote healthy behavior, to support rehabilitation, and to advocate for recovery from mental illnesses and alcohol and other drug addictions.

The Board fulfills its mission primarily through purchasing services and supports from its contract providers and through partnerships with organizations whose missions align with ours. The number of people served by the Board's in-network providers, along with a sampling of provider accomplishments, are included in this report. Accomplishments related to Board led activities include:

- Passed a renewal levy in November 2015, which was supported by 63% of voters.
- Secured a competitive grant from the Ohio Department of Mental Health and Addiction Services to increase treatment and reentry services for people with serious mental illnesses and people with addictions who are incarcerated at the Columbiana County Jail.
- Provided training to 21 criminal justice professionals on dealing effectively with people with mental illnesses in criminal justice settings.
- Co-planned and provided funding for community training on "Caring for Our Youth." Attended by 101 people from all sectors of the community, this training focused on how the entire community can help youth acquire the support and skills needed to maximize their potential and avoid risky behavior, including alcohol and drug use.
- Provided training to 56 people including clergy, criminal justice professionals, substance use prevention and treatment professionals, crisis workers, and members of the suicide prevention coalition on the interconnectedness of substance abuse and suicide.
- Participated in the "Recovery is Beautiful" education campaign, which featured 40 Columbiana County residents in recovery going "public" about their mental illnesses and addictions. These courageous individuals put a human face on recovery, showing that people from all backgrounds experience addictions and mental illnesses. They provide a message of hope to others that recovery is possible.



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FY 2016 REPORT OF REVENUE, EXPENSES AND CLIENTS SERVED

<u>REVENUE:</u>	
Ohio MHAS Mental Health	\$ 1,096,647
Ohio MHAS	\$ 509,146
Local Levy	\$ 2,297,105
Ohio Suicide Prev. Foundation	\$ 1,500
Miscellaneous	\$ 10,237
<u>TOTAL REVENUE:</u>	\$3,914,635
<u>EXPENSES:</u>	
Services and Programs	\$ 2,876,735
Board Operating Expenses	\$ 445,890
<u>TOTAL EXPENSES:</u>	\$ 3,322,625
Fiscal Year 2016 Surplus:	\$ 592,010

<u>CLIENTS SERVED IN FY 2016</u>	
<u>Counseling Center</u>	
Treatment:	
Drug and Alcohol Mental Health	568 4,313
Education:	958
Prevention:	731
<u>Family Recovery Center</u>	
Treatment:	
Drug and Alcohol Mental Health	1,237 166
Prevention/Education	4,351
Steering Clear	197
<u>Help Hotline</u>	
Calls Guardianship	6,352 20
<u>Neil Kennedy Recovery Clinic (Detox)</u>	12

Service Provider Highlights for FY 2016

COUNSELING CENTER

- Opened "Hornsby House," an 8 unit apartment complex in Lisbon that houses adults with serious and persistent mental illnesses. 24 hour awake staff support is provided.
- Achieved reaccreditation from the Commission on Accreditation of Rehabilitation Facilities (CARF), which is the Center's 9th consecutive 3-year accreditation .
- Partnered with Akron Children's Hospital to offer on-site mental health services at its Lisbon outpatient location.
- Obtained an Early Childhood Mental Health Grant from the Ohio Department of Mental Health and Addiction Services to expand parent education, pre-school classroom consultation, and early identification and treatment of young children with mental health problems.
- Presented the "Signs of Suicide" Program, an evidence-based depression education and screening program, to 488 high school students.

FAMILY RECOVERY CENTER

- Opened Renaissance House, a sober living facility for 5 men located in Salem.
- Expanded recovery coaching services to adults recovering with addictions.
- Conducted leadership training for 60 members of the Youth Coalition. These youth leaders, from all high schools in Columbiana County, conduct campaigns in their schools to encourage their peers to make healthy decisions.
- Provided holistic treatment to 239 adults with opiate addictions. 39% of program clients maintained abstinence for 12 months or longer.
- Awarded a Child Injury Action Grant from the Ohio Department of Health to encourage safe driving habits among teens.

HELP HOTLINE

- Operated the Tri-County WarmLine, which provides telephone reassurance and support to callers from Columbiana, Mahoning, and Trumbull Counties. Staffed by trained volunteers who are in recovery with mental illnesses, the WarmLine averages 100 calls per month.
- Launched its On Line Data Base. In addition to calling 211 for information about services, individuals can search the information and referral data base directly by logging onto the Help Hotline website at www.help hotline.org.
- Conducted twice monthly Survivors of Suicide support group meetings for friends and loved ones of people who have died by suicide.
- Achieved recertification by the Alliance of Information and Referral Systems.
- Assumed responsibility for operating the Peer Resource and Recovery Center in East Liverpool.

NATIONAL ALLIANCE ON MENTAL ILLNESS

- Sponsored NAMI Connection, a peer to peer support group which meets weekly in Lisbon, East Liverpool, and Salem. 95 people recovering with serious mental illnesses participated.
- 15 family members and loved ones of people with serious mental illnesses completed the Family to Family Classes.
- Hosted three Family Support Group meetings per month, which were held in Lisbon and New Waterford.

NEIL KENNEDY RECOVERY CLINIC

- Expanded short term recovery housing for adults with addictions which enabled the agency to provide detoxification services to more people in a timely way.

Columbiana County Mental Health and Recovery Services Board
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