

**COLUMBIANACOUNTY MENTAL HEALTH AND RECOVERY SERVICES BOARD  
Fiscal Year 2017 Board Plan**

**CAPACITY GOALS**

**Board Capacity Goal:** Reduce stigma.

<b>Milestones</b>	<b>Indicators</b>
Educate and inform elected officials about mental health and addiction prevention, treatment and recovery	2 meetings, advocacy campaigns, or events
Present "Change Your Mind About Mental Illness" to Columbiana County High School youth.	500 students receive education annually
Publish articles and photographs of persons in recovery in Columbiana County newspapers and in Board newsletters that provide education regarding addiction and mental illness.	8 articles or photographs per year
Utilize Board Website and Facebook page	# of social media posts
Utilize the Recovery is Beautiful Display to feature persons in recovery and provide anti-stigma messages	# of places traveling display is located
Distribute "Myths and Facts About Addictions" and "Myths and Facts About Mental Illness" handouts at all community education efforts	# distributed
Provide Mental Health First Aid Training to key groups	# local trainings held # trained
Continue participation in the Tri County Broadcast Media Campaign	# of commercials aired # of calls to the Call the Counselor Event

**Board Capacity Goal:** Promote and sustain evidence based policies and practices.

Milestones	Indicators
<p>Technical support is provided to enhance practices, per outcomes analysis by the System-Wide Continuous Quality Improvement Group.</p> <p>(Current Evidence-Based Practices Supported include: Mental Health in the Schools (Signs of Suicide: Wellness Management and Recovery, Transition to Independence Process, Integrated Dual Diagnosis Treatment, Supported Employment, Multi-systemic Therapy, and Mental Health Recovery, Wellness Recovery Action Planning, Trauma Focused Cognitive Behavioral Treatment; Too Good For Drugs and Violence, Medication Assisted Treatment for Addiction, Autism Spectrum Disorder Assessment, The Incredible Years, and environmental strategies used by the Alcohol and Drug Abuse Prevention Team (ADAPT) Coalition. )</p>	<p>Technical Support and Training is devoted to practices with a research base that supports improved outcomes for Board priority populations</p>
<p>Board non-Medicaid reviews of contract providers will address adherence to Evidence-Based Practices</p>	<p>Results of non-Medicaid reviews</p>
<p>Provide Motivational Interviewing Training to Board Provider staff.</p>	<p># persons attending training</p>
<p>Provide Trauma Informed Care Training to criminal justice and provider staff who work with adults involved in the criminal justice system.</p>	<p># Columbiana County Jail staff trained # Provider staff trained</p>

**Board Capacity Goal:** -Use data to make informed decisions about planning and investment.

Milestones	Indicators
Utilize results of system-wide Continuous Quality Improvement (CQI) process in Board planning and funding decisions.	Board staff and Board committee members use data in forming recommendations and funding plans, per meeting minutes.
Provide agencies with information to improve the effectiveness and efficiency of service delivery	Heartland East Reports and provider CQI Reports Quarterly Summaries of Client Perception of Care Surveys provided to agencies
Conduct utilization and program reviews of Peer Resource and Recovery Center	Results of reviews are folded into Board/Resource Center Planning Process
Monitor psychiatric hospitalizations and evaluate the services of any client who is admitted to a psychiatric hospital three times within six months	Counseling Center Adult Community Support Supervisor's group report
Evaluate housing access for persons residing at the PATH or Kendall Home more than 30 days	# exceeding 30 day LOS/analysis of trends
Ensure timely access to Mental Health and Substance Use Treatment Services	Intake appointment within 14 days (non urgent)
Utilize Client Perception of Care Outcomes System for Board's priority populations	# surveys completed Results used by the System Wide CQI Committee and Board committees in planning

**Board Capacity Goal:** Establish and maintain partnerships with organizations that are crucial in achieving our goals.

Milestones	Indicators
Collaborate with Jefferson County to provide Peer Support Training	# persons who obtain Peer Support Training and become certified
Ensure the Board's plan is complementary to, and reinforcing of, plans developed by other health entities represented on the County-Wide Health Needs Assessment Steering Committee	To be determined. Needs Assessment completed 6/2016. Top priority: Obesity 2 <sup>nd</sup> highest priority: Mental Health and Substance Abuse 3 <sup>rd</sup> highest priority: Tobacco use
Maintain Coroner's office and/or other relevant partners in the Suicide Prevention Coalition and LOSS Team	Continued involvement of current partners.
Recruit a planning group of key partners to address the goal of reducing drug overdose deaths.	Partners are recruited, agree to a plan, and jointly participate in implementing it.
Executive Director serves as Chair of Senior Services Levy Advisory Board.	# Advisory Board meetings attended
Ensure representation of Opportunities for Ohioans With Disabilities, Ohio Means Jobs, Mental health and addiction providers, and criminal justice personnel on the Supported Employment Steering Committee.	Meeting minutes reflect attendance and participation

**Board Capacity Goal:** Investigate payment methods that are focused on quality and outcomes rather than on payment for specific services.

Milestones	Indicators
Contract with Steve Wood for guidance on establishing appropriate payment methods for all non-Medicaid services, with a focus on outcomes	Services reviewed in FY 17 and changes approved by Board in time for FY 18 contracting with providers.

**Board Capacity Goal:** Workforce Development

Milestones	Indicators
Encourage major health providers in Columbiana County to collaborate on recruiting and retaining mental health and substance use professionals, to ensure adequate in-county access for priority populations	Partners agree to and implement a coordinated plan.

## SUBSTANCE USE PREVENTION

**Priority Populations:** Youth Age 17 and under, youth ages 18-25, and people who engage or interact with youth.

**Goal:** Support initiatives that demonstrate an impact on community laws and norms.

Milestones	Indicators
The Board will provide financial support for the ADAPT coordinator position, local evaluation, and administrative support time.	Funding and administrative support provided
The Board will continue to Chair the Data Committee to inform the ADAPT Coalition's decisions about initiatives.	Data Committee minutes
Support the implementation of the ADAPT Coalition's Strategic Plan	# of goals achieved in strategic plan

**Priority Population:** Youth

**Goal:** Implement programs that increase the number of youth who perceive alcohol, tobacco, and other drug use, as well as gambling, as risky or harmful.

Milestones	Indicators
Provide Too Good For Drugs and Violence curriculum in 11 school districts. ("Aiming High" Program)	95% of students in the Aiming High Program will sign/state a "Promise for the Future" pledge to lead a productive and healthy life.
9 schools and 125 youth will be active in the Youth Coalition.	# of youth active in the Coalition # number of school districts involved in the Youth Coalition # of youth led campaigns
Increase in % of 7 <sup>th</sup> , 9 <sup>th</sup> , and 10 <sup>th</sup> grade students who perceive alcohol, tobacco, other drug, and gambling as risky or harmful	Comparison of 2016 / 2017 Search Institute Survey of Student Life results with the 2014/2015 survey results
Reduction in % of 7 <sup>th</sup> , 9 <sup>th</sup> , and 10 <sup>th</sup> grade students who report using harmful substances in the previous 30 days	Comparison of 2016/2017 Search Institute Survey of Student Life results with the 2014/2015 survey results

**Priority Population: Youth**

**Goal:** Work with partners to promote developmental assets and reduce risk factors.

Milestones	Indicators
Partner with the Alcohol and Drug Abuse Prevention Team (ADAPT) Coalition, Coordinated Action for School Health (CASH) Coalition, Suicide Prevention Coalition, and Family and Children First Council on efforts to promote developmental assets and reduce risks.	Use input from attendees at the Columbiana County: Caring for our Youth training to shape plans Provide CASH Mini-Grant funding to 2 school districts
Support The Family and Children First Council’s FY 17 – 20 Strategic Plan goal of preventing trauma, and responding effectively to youth and families negatively impacted by trauma	To be determined. Plan to be submitted by FCFC 7/29/16

**Priority Population:** Young Adults 18-25

**Goal:** Increase the perception of harm regarding alcohol abuse among 18-25 year olds.

Milestones	Indicators
Repeat 18 – 25 year old survey and use results to update campaign.	Campaign activities are congruent with results of survey
Distribute “Are You Doing Your Part?” and “Don’t Over Do It: Reputations Aren’t Drunk Proof” Campaign Literature to target population	# items distributed

**Priority Population:** Persons at risk of problem gambling

**Goal:** Provide Community Awareness and Education Campaign on Problem Gambling

Milestones	Indicators
Conduct the “Be the 95%” Gambling Prevention Awareness Campaign throughout the county.	# radio spots # CART bus posters displayed # media articles

## SUBSTANCE USE TREATMENT AND RECOVERY SUPPORTS

**Priority Populations:** Youth under the age of 18; young adults ages 18-25, persons of all ages involved in the criminal justice system, adults with serious mental illnesses who have co-occurring substance abuse disorders, intravenous drug users, women who are pregnant and abusing substances.

**Goal:** Increase access to Peer supports.

Milestones	Indicators
Increase peer support and/or linkages to the self-help community.	# of persons who receive Recovery Coaching # persons served by Help Hotline Peer Resource and Recovery Center
Increase the involvement of family/significant others in promoting recovery among persons with addictions.  Family Recovery Center and the Counseling Center will offer "family nights," each once per month, open to any interested adult	55% of persons who have been in treatment 4 months or long will answer affirmatively to the Outcomes Survey question-Has a family member or friend attended at least one treatment session with you?  Attendance at agency "family nights"

**Goal:** Increase the number of individuals who complete treatment.

Milestones	Indicators
Maximize the percent of Youth Under 18, Young Adults aged 18-25, and all persons involved in the criminal justice system that complete treatment.	77% of youth, 69% of young adults, and 71% of all persons involved in the criminal justice system will complete treatment.
Improve outcomes for persons who are addicted to opiates by increasing client engagement and retention in treatment.	% of persons with an opioid dependence diagnosis who complete at least 4 sessions post assessment.



**Goal:** Ensure individualized treatment planning reflects coordination with primary care.

Milestones	Indicators
Increase by 5% the persons in FY 17 who have seen a doctor, physician's assistant, or advance practice nurse, other than in an emergency room, for a health check-up or illness in the last year.	65% will answer affirmatively to the Outcomes Survey question- Have you seen a doctor, physician's assistant, or advance practice nurse, other than in an emergency room, for a health check-up or illness in the last year?

**Goal:** Provide services to persons who are intravenous/injection drug users within 14 days of service request.

Milestones	Indicators
Providers have procedures to ensure persons who are intravenous/injection drug users are identified at screening and given priority for admission	100% of persons who are intravenous/injection drug users who are seen within 14 days of service request

**Goal:** Ensure parents or guardians with substance use disorders, including pregnant women, obtain necessary treatment and recovery supports in a timely manner.

Milestones	Indicators
Providers have procedures to ensure women who are pregnant and have a substance use disorder are identified at screening and given priority for admission	100% of women who are pregnant and have a substance use disorder are seen within 14 days of service request
Co-plan and co-fund with the Department of Job and Family Services (DJFS) targeted services for women in the second or third trimester of pregnancy, and parents/guardians of children under the age of 5, when substance abuse could result in, or has resulted in, neglect or abuse.	Indicators to be determined jointly by DJFS and the Board, prior to service implementation.

**Goal:** Ensure access to Medication Assisted Treatment (MAT) to those in need of this assistance to achieve recovery.

Milestones	Indicators
Convene in-county providers who offer MAT to collaborate on shared protocols to ensure timely access	Shared protocols developed and agreed to
Provide Board funding for MAT to persons with opiate addiction who have no other funding source.	# of persons receiving service with Board funding (Tracking system will be in place as of 7/1/16)

**Goal:** Integrate Problem Gambling Screening Strategies in provider Assessments.

Milestones	Indicators
Ensure providers are incorporating evidence-based screening tools into their assessments.	All persons receiving an alcohol and drug assessment by contract providers will be screened for gambling problems, using the Brief Biosocial Gambling Screening Tool.

**Goal:** Provide housing and housing supports for adults with addictions

Milestones	Indicators
Increase access to Recovery Housing	5 additional male slots will be added in FY 17 Planning for women's recovery housing will occur in FY 17

**Goal:** Establish ambulatory detox

Milestones	Indicators
Ensure the provision of ambulatory detox in Columbiana County.	In-county ambulatory detox is available in Columbiana County by July 1, 2017

**Goal: Ensure sufficient employment services**

<b>Milestones</b>	<b>Indicators</b>
Persons with addictions have access to Supported Employment Services	Supported Employment Steering Committee to set FY 17 goal of persons served in August, 2016, along with milestones (e.g., number who obtain and maintain employment) Comparison of achievement to goals at the end of FY 17.

**Goal: Establish in-county residential treatment**

<b>Milestones</b>	<b>Indicators</b>
Board to co-plan with County Commissioners and recruit provider for residential treatment.	Residential treatment center established in FY 17

**Goal: Implement programs that promote health and wellness for adults with addictions**

<b>Milestones</b>	<b>Indicators</b>
Provide information to people in recovery regarding health promotion and wellness.	# of Lunch and Funs that promote wellness; flyers located in Recovery displays # of adults who complete Wellness Management and Recovery Classes # of adults who complete Wellness Recovery Action Planning Classes

**Priority Population: Adults with SPMI and co-occurring substance use disorders**

**Goal Promote Stable Housing and Employment**

Milestones	Indicators
Ensure safe, stable housing	90% will maintain safe housing
Refer clients who want to work to vocational services	80% of persons referred to vocational services will enroll

**MENTAL HEALTH PREVENTION, TREATMENT, RECOVERY SUPPORTS, RESILIENCY SUPPORTS  
PREVENTION**

**Priority Population:** Individuals at risk of suicide, youth, people who interact with children

**Goal:** Implement the Columbiana County Suicide Prevention Coalition's Strategic Plan.

Milestones	Indicators
Providing funding and technical support to the Local Outreach to Survivors of Suicide (LOSS) Team	# active LOSS Team Members # calls responded to
Provide training for providers and/or gatekeepers regarding the recognition, response, and treatment considerations for persons at risk of suicide.	1 training
Track completed suicides of Columbiana County residents and make adjustments in LOSS Team functioning and suicide prevention coalition activities based on trends.	Quality Improvement Reports

**Priority Populations:** Youth

**Goal:** Work with partners to promote developmental assets and reduce risks.

Milestones	Indicators
Conduct mental health education and screening for all school districts willing to implement the Signs of Suicide (SOS) Program.	Retain 7 schools participating in SOS education and/or screening and recruit one additional district
Support the efforts of the Coordinated School Health Coalition (CASH) in the promotion of mental health in the schools.	Board participation on the CASH Coalition
Present "Change Your Mind About Mental Illness" to Columbiana County High School youth.	600 students will attend the presentation
Collaborate with Family and Children First Council (FCFC) and the Coordinated Action for School Health (CASH) Coalition to address youth asset development and risk reduction.	Use input from attendees at the Columbiana County: Caring for our Youth training to shape plans Provide CASH Mini-Grant funding to 2 school districts Plan and implemented Results of 2015/2016 Search Institute Survey of Student Life will inform the plan.

**TREATMENT AND RECOVERY SERVICES (YOUTH)**

**Priority Populations:** Youth

**Goal:** Ensure services to youth are provided in the least restrictive and most normative environment that is appropriate and provide appropriate supports to caregivers.

Milestones	Indicators
Provide ongoing monitoring of youth in out-of-home placement to ensure effective treatment and discharge planning.	Mental Health consultant will meet with youth at residential treatment facilities when they are not making progress, work with staff to revise treatment plans, facilitate a transfer to a different treatment facility, when indicated; and ensure coordination with Columbiana County resources, including

Milestones	Indicators
	family and youth service organizations, in return to community plans
Intensive Home Based Services and Multi Systemic Therapy will be provided youth at risk of out of home placement and/or continued involvement with the juvenile justice system.	75% of youth served will remain in the home
Provide the Transition to Independence Process to transition aged youth	No. youth served employed/in school, No who maintain safe and stable housing, and number who are progressing on their treatment goals.
Provide Social Emotional Learning curricula in all class settings in the county in which youth with emotional disabilities are placed	80 students and 25 educators/ school support staff receive education, consultation and mentoring # of students who transition to less restrictive educational settings and # of students who transition to more restrictive educational settings.

**Priority Populations:** Youth

**Goal:** Decrease involvement in the juvenile justice system.

Milestones	Indicators
Provide Intensive Home Based Services using Multi Systemic Therapy (MST) to high risk youth with serious emotional disturbances.	75% of youth served will not be rearrested during program participation.

**Goal:** Improve parenting skills, child social skills, and early identification of children with social and emotional difficulties.

Milestones	Indicators
Provide Incredible Years in Head Start Programs and the Community.	450 Head Start Students, 20 children at community agency, 64 Head Start staff.
Provide consultation and education to Head Start Staff.	20 parents at Head Start and 20 parents who attend community/agency Incredible Years Groups.
Expand Early Childhood Consultation Service to Private Pre-Schools	Preschool students will show progress in attachment, self-control, initiative, and behavior concerns, as measured by the Devereaux Early Childhood Assessment

**TREATMENT AND RECOVERY SERVICES (ADULTS)**

**Priority Population: Adults with Severe and Persistent Mental Illnesses (SPMI)**

**Goal:** Increase competitive employment

Milestones	Indicators
Maximize access to Supported Employment Services	Supported Employment Steering Committee to set FY 17 goal of in August, 2016, along with milestones (e.g., number who obtain and maintain employment) Comparison of achievement to goals at the end of FY 17.
Maximize number of persons who work in a competitive setting	300 persons who receive services at the Counseling Center will work in a competitive setting at least one day during FY 17
Ensure contact with the Supported Employment Program within 14 days of client request	Track time from client request to first contact

**Goal:** Implement programs that promote health and wellness for adults, especially for those with SPMI and co-occurring health conditions.

Milestones	Indicators
Provide information to people in recovery regarding health promotion and wellness.	# of Lunch and Funs that promote wellness; flyers located in Recovery displays
Provide 2 Wellness Management and Recovery classes and 2 Wellness Recovery Action Planning classes	# WMR and WRAP classes provided; # number of individuals who complete classes

**Goal:** Decrease involvement in the criminal justice system.

Milestones	Indicators
Ensure all persons incarcerated at the Columbiana County Jail receive the Columbiana County Reentry Manual	# Reentry Manuals distributed
Collaborate with Columbiana County criminal justice entities to ensure criminal justice professionals are trained in Suicide Prevention and Trauma Informed Care.	Number of trainings conducted. Number of criminal justice professionals trained.
Provide jail diversion services. Promote the use of evidence-based practices in jail diversion services.	90% of participants will not be rearrested during treatment
Reduce recidivism and improve linkage to appropriate services and supports, post release, of individuals incarcerated at the Columbiana County Jail who have a serious mental illness and/or an addiction.	<p>-Number of persons diagnosed with a mental illness or addiction who get rearrested within six months</p> <p>-(During incarceration) Number of rule violations and disciplinary actions compared to baseline</p> <p>-Number of persons provided with behavioral health treatment, recovery, and re-entry services while incarcerated</p> <p>-Number of persons with a mental illness or addiction diagnosis who attend the first scheduled appointment in their e-entry plans</p>



**Goal:** Ensure access to housing, including supportive housing.

<b>Milestones</b>	<b>Indicators</b>
Maximize the number of Hornsby House residents who maintain stable housing	# who maintain residence or move to less restrictive housing setting
Maximize the number of homeless persons with serious mental illnesses who are contacted through PATH outreach services.	# persons contacted
Maximize the number of PATH clients who secure safe, decent, and affordable permanent housing.	# served who secure housing

**Goal:** Broaden access to peer supports.

<b>CURRENT Milestones</b>	<b>CURRENT Indicators</b>
Recovery Conference will be held	75 people in recovery with addictions or serious mental illnesses will attend
Provide ongoing peer-led group education through the provision of WRAP and Wellness Management and Recovery	# classes held
Conduct monthly "Lunch and Funs" in Lisbon and East Liverpool	# of participants and # of new participants at each event
Promote the Warmline	Information included in Recovery Newsletter and # of calls to the Warmline
Coordinate with Heartland Behavioral Health Peer Specialists to ensure persons are referred to Recovery Peer Support upon discharge.	# persons served by the Welcome to Recovery Program
Conduct a Recovery Summit to determine strategies to broaden access to Peer Supports	Recovery Summit and input solicited from those attending
Increase the number of participants at the Peer Resource and Recovery Center	50 adults with spmi will participate