

Recovery Oriented System of Care (ROSC) The COLUMBIANA COUNTY MENTAL HEALTH AND RECOVERY SERVICES BOARD REPORT TO THE COMMUNITY



Overview

Recovery Oriented Systems of Care are built on three pillars:

- A community infrastructure that supports substance abuse prevention and mental health promotion
- Effective and timely treatments for substance use disorders and mental illnesses
- Partnerships in the community which establish environments and supports that help people with mental illnesses or addictions “regain their lives” and maximize their potential

Objective: “Change the Conversation”

- Mental illnesses and addiction disorders are chronic illnesses.
- Mental illnesses and addiction disorders can be successfully treated.
- Recovery is a realistic expectation for all people with addictions and mental illnesses, and is worth celebrating.

The Process:

The MHRS Board surveyed key groups to determine how effectively the current system addresses the following:

- Focusing on clients and families Ensuring timely access to care
- Promoting healthy, safe, and drug-free communities
- Prioritizing accountable and outcome-driven financing
- Locally managing systems of care

218 individuals were surveyed:

- 69 people receiving services for addictions or mental illnesses
- 29 family members
- 74 provider staff and Board members
- 16 MHRS Board staff and Board members
- 30 community leaders representing: elected officials, employers, landlords, adult and juvenile justice, education, and social service agencies.

Data Analysis

Board staff and the Board Prevention, Treatment, and Recovery Services Committee reviewed the survey results and identified trends, strengths, and areas for improvement.



Results:

Strengths:

- The Columbiana County MHRSB system offers a thorough continuum of services from prevention to treatment to recovery supports.
- Service providers ensure client choice and promote opportunities for peer support and recovery.
- Partnerships and collaboration exist with organizations that benefit individuals served and their family members.
- Strategies to decrease stigma are consistently implemented, and the community receives education about mental illness and addiction.
- The Board conducts ongoing evaluation and leverages resources to ensure effective prevention, treatment, and recovery support services are provided.
- Partnerships exist with public and private entities to efficiently manage the local system of care.

Opportunities for improvement:

Peer involvement

- Stimulate the development of young adult peer support specialists and ensure accessibility to age-appropriate peer-led leisure activities

Timely access to care

- Establish in-county residential treatment for adults with addictions.

Other pieces in the “recovery puzzle”

Some areas identified as needing improvement will require enhanced partnerships. These include:

- Better integration of physical & behavioral healthcare
- More opportunities for safe, sober, and fulfilling activities in the community.

The Board has incorporated the ROSC Assessment Findings into its Fiscal Year 2017 Board Plan. Priorities include:

- Broaden access to peer supports for persons with severe mental illness and/or addictions
- Promote developmental assets and reduce risk factors among youth.
- Increase housing supports for persons in recovery
- Establish in-county residential treatment for adults with addictions.

Bottom Line

The Columbiana County MHRSB Board is accountable to people with mental illnesses and addictions, their families, and the community. Aligning our efforts with Recovery Oriented System of Care Principles will ensure greater accountability to all.